

Be UV Aware

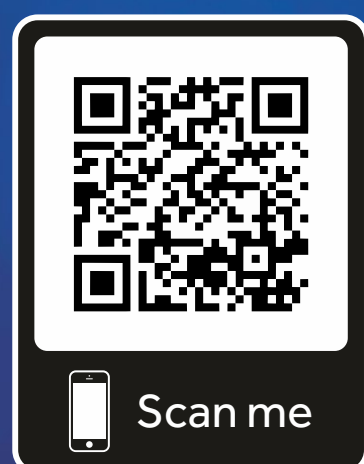
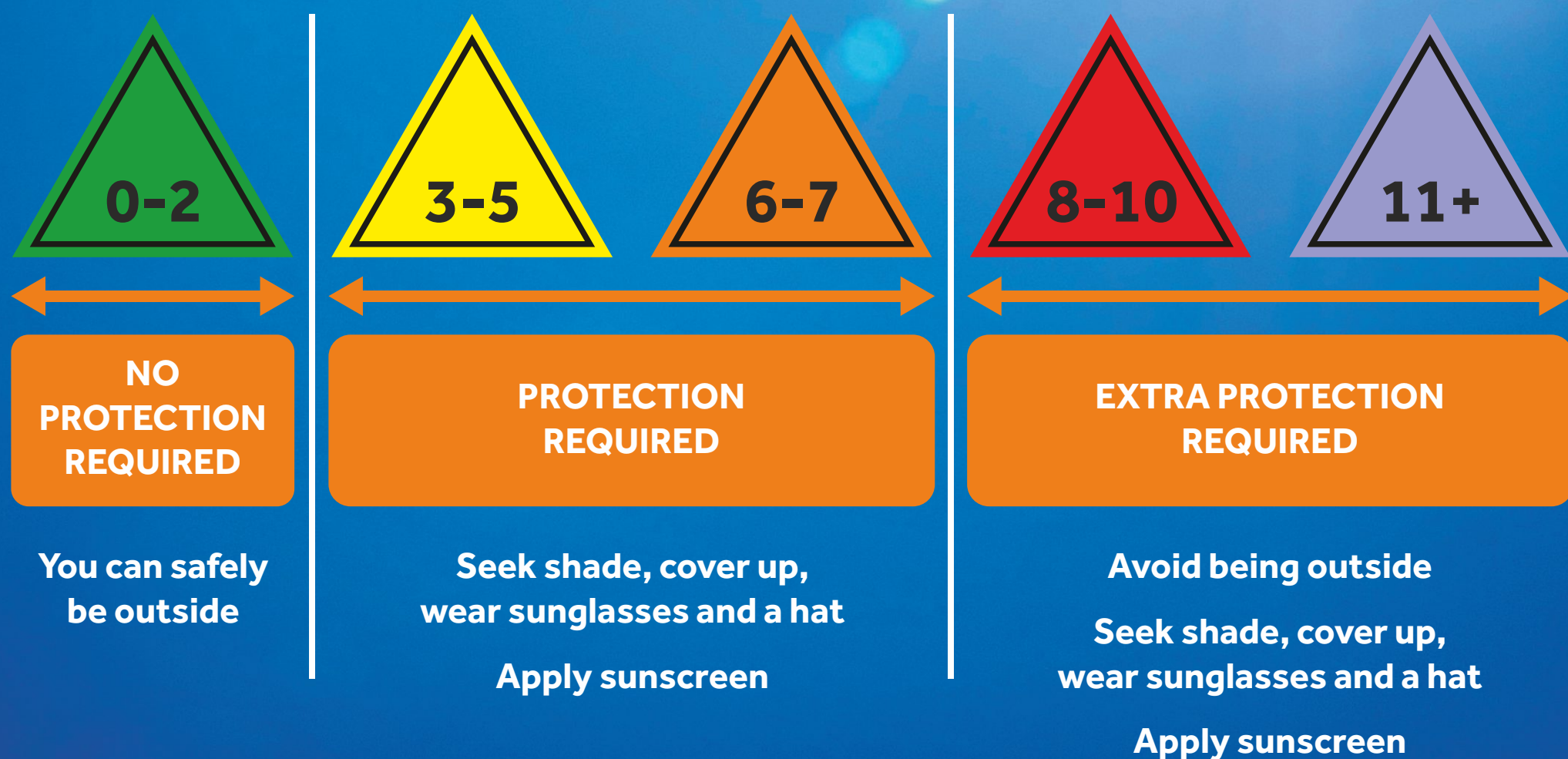
Overexposure to ultra violet (UV) rays from the sun or sunbeds ages the skin and can cause skin cancer

UV index forecast today:

Date:

Wipe clean with a damp cloth

Solar UV Index Table



Skin cancer is the most common form of cancer in Northern Ireland.

You are at higher risk if you are regularly exposed to UV rays when working or enjoying sport / leisure outdoors or using sunbeds.

The daily and hourly UV index forecast is available at www.metoffice.gov.uk
(Scan the QR code)