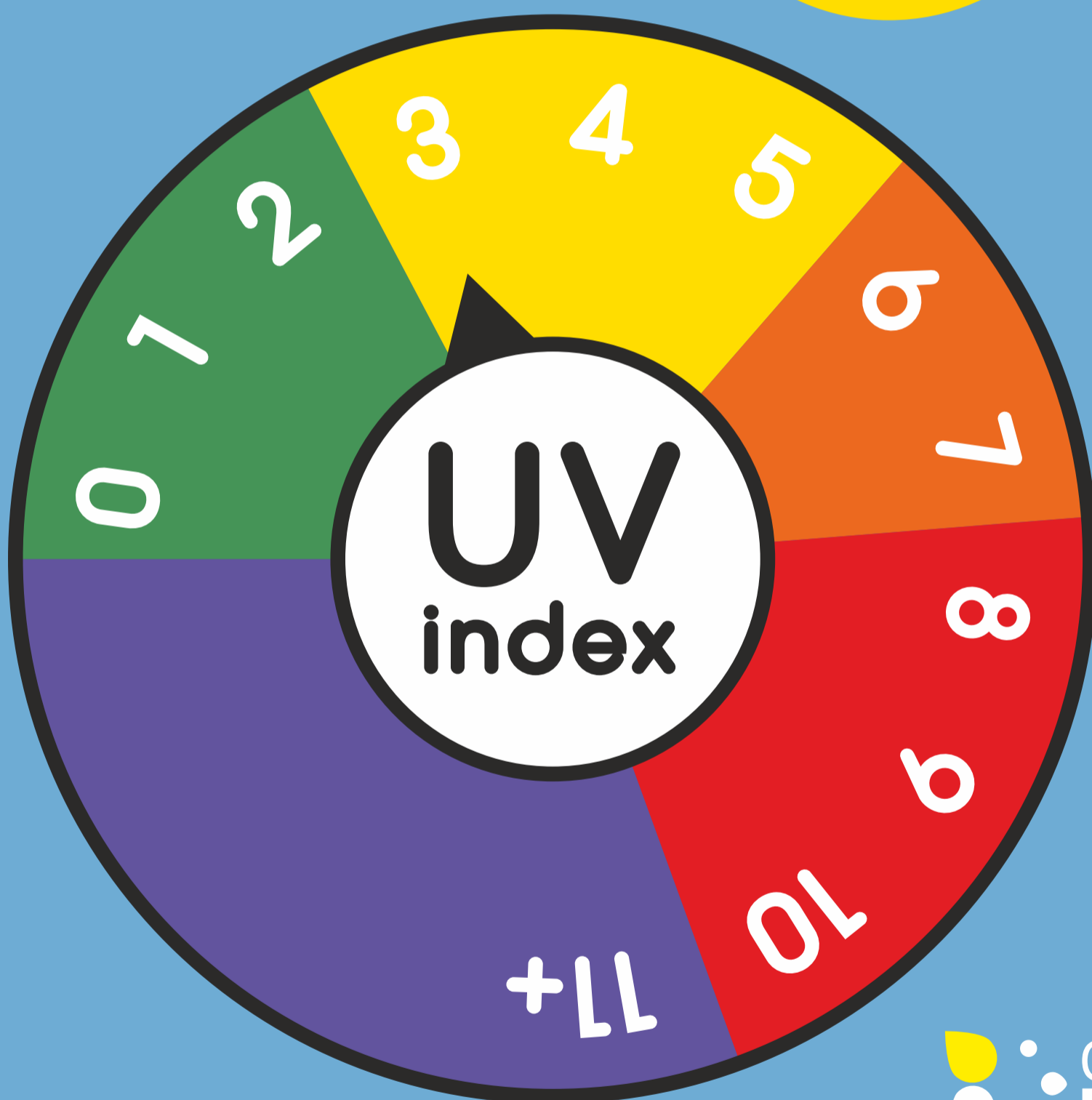


Be UV Aware

The UV index shows us how
strong the sun's UV rays are

When the UV
index is 3 or
more, protect
your skin



Check the daily UV index
metoffice.gov.uk

careinthesun.org/uv

